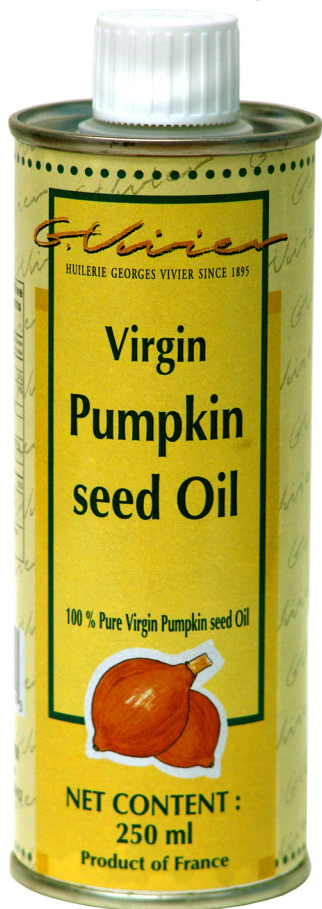


Kitchen Cupboard

Lesley Chesterman



Vivier pumpkin seed oil, 250 mL

Produced in France, this delicate gourmet oil adds a nutty and herbal flavour to salads, crudités and soups. This oil is not meant for cooking, but rather as a condiment. For a real treat, try it in your next goat's cheese salad, or swirled into a cup of cold vichyssoise. It's also my top pick for bread dipping, and the bottle is pretty enough to set right on the fanciest dinner table.

Available at most gourmet specialty shops.